

WEEK 1

Menu Week: (06/01-10/01, 27/01-31/01, 17/02-21/02)



Monday

Tuesday

Wednesday

Thursday

Morning Snack
(Nursery - Year 5)

Banana Bread ●●
Fresh Fruit

Mini Croissant
w/ tomato & cheese ●●,
Fresh Fruit

Labneh Wholewheat SW ●●
Fresh Fruit

Margherita Square ●●
Fresh Fruit

Student Favorite

Ranch Chicken Pasta Bake ●●
w/ Roast Zucchini and
Broccoli

Beef Lasagna ●● w/
Edamame Beans, Corn &
Peas

Kadhai Chicken ● w/
Basmati Rice & Sautee
Vegetables

Spaghetti Bolognese ●●
w/ Honey Glazed Carrots
& Peas

Option 2

Honey Mustard Fish ●
w/ Crispy herb potatoes,
Roast Zucchini and Broccoli

Chicken Fricassee ● w/
Brown Rice, Beans, Corn &
Peas

Braising Steak,
Mushrooms, Gravy ● w/
Creamy Mash &
Sautee Vegetables

Chicken Nasi Goreng w/
Honey Glazed Carrots &
Peas

Vegetarian Option

The Green Lasagna ●● w/
Roast Zucchini and Broccoli

Spaghetti pasta w/ Napoli
sauce ● w/ Beans, Corn &
Peas

Vegetarian Korma w/
Basmati Rice,
Sautee Vegetables

Fussili Al Forno ●● w/
Honey Glazed Carrots &
Peas

Vegan Option

BBQ Cauliflower Fritters ●
w/ Crispy herb potatoes,
Roast Zucchini and Broccoli

Spaghetti pasta w/ Napoli
sauce ● w/ Beans, Corn &
Peas

Vegetarian Korma w/
Basmati Rice,
Sautee Vegetables

Vegetarian Stew w/
Brown Rice, Honey Glazed
Carrots & Peas

Dessert (optional)

Vanilla
Cheesecake ●●●

French Apple
Cake ●●

Date Slice ●●

Lemon Yoghurt
Slice ●●



We are thrilled to share that as a result of our commitment made during the Sustainable School Food Summit hosted by TASS at COP28, we have introduced low-carbon school meals! Look out for this logo!

Choice of One main course, served with Sides and Vegetables
Add a Dessert for AED 3/- only

Gluten

Diary

Egg

Soy

Fish

WEEK 2

Menu Week: (13/01-17/01, 03/02-07/02, 24/02-28/02)



Monday

Tuesday

Wednesday

Thursday

Morning Snack
(Nursery - Year 5)

Cheese & Tomato Twist ●●, Fresh Fruit

Cheese Manakesh ●●, Fresh Fruit

Cream cheese & cucumber roll ●●, Fresh Fruit

Carrot & Banana Muffin ●●, Fresh Fruit

Student Favorite

Fish Bites & Tartare Sauce ●●●, w/ Baked Potato Wedges, Sautéed Corn & Green Beans

Butter Chicken ●, w/ Steamed Rice & Ratatouille

Chicken Pesto Pasta ●●, w/ Garden Greens

Beef Lasagna ●●, w/ Zesty Corn & Carrots

Option 2

Honey garlic chicken bites w/ Fried Rice, Sautéed Corn & Green Beans

Beef Stroganoff ●, w/ Steamed Rice, Ratatouille

Vietnamese Crispy Beef w/ Steamed Rice, Garden Greens

Creamy Chicken in Mushroom Sauce ●●, w/ Steamed Rice, Zesty Corn & Carrots

Vegetarian Option

Quinoa Vegetarian Fried Rice ●, w/ Sautéed Corn & Green Beans

Paneer Tikka Enchiladas ●●, w/ Ratatouille

Moroccan Chickpea Tagine w/ Steamed Rice, Garden Greens

Veggie chili Mac N Cheese ●●, w/ Zesty Corn & Carrots

Vegan Option

Quinoa Vegetarian Fried Rice ●, w/ Sautéed Corn & Green Beans

Aloo Palak (Potato & Spinach) w/ Steamed Rice & Ratatouille

Moroccan Chickpea Tagine w/ Steamed Rice, Garden Greens

Vegetarian Con Carne w/ Steamed Rice & Zesty Corn & Carrots

Dessert (optional)

Berry Pudding ●

Oatmeal Cookies ●●

Red Velvet slice ●●

Banana Bread ●●



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Gluten

Dairy

Egg

Soy

Fish

WEEK 3

Menu Week: (20/01-24/01, 10/02-14/02, 03/03-07/03)



Monday

Tuesday

Wednesday

Thursday

Morning Snack
(Nursery - Year 5)

Vegetarian Puff ●●
Fresh Fruit

Labneh w/
Olives Roll ●●
Fresh Fruit

Blueberry Muffin ●●
Fresh Fruit

Cheese & Onion Egg Bites ●●
Fresh Fruit

Student Favorite

Chicken Chow Mein,
Hakka Noodles ● w/
Garden Greens

Chicken Biryani ● w/
Roast Carrots and
Broccoli

Chicken Tikka
Masala ● w/ Basmati Rice,
Roast Marrow & Beans

Spaghetti
Bolognese ●● Herb &
Tomato Zucchini

Option 2

Minced Meat Moussaka ●●,
w/ Garden Greens

Pan Seared Fish ●● w/
Creamy Mash Potatoes,
Roast Carrots and Broccoli

Italian Meatballs
w/ Penne pasta ●●,
Roast Marrow & Beans

Confetti Chicken Casserole ●
Roast Potatoes, Herb &
Tomato Zucchini

Vegetarian Option

Meatless 'Meatball' Pasta ●●
w/ Garden Greens

Crispy Gnocchi
Bolognese Bake ●●
w/ Roast Carrots and
Broccoli

Pasta Twists w/
Mozzarella & Basil ●●,
Roast Marrow & Beans

Cottage Pie ● w/ Herb &
Tomato Zucchini

Vegan Option

Vegetarian Chow Mein,
Hakka Noodles ● w/
Garden Greens

Vegetable Biryani w/
Roast Carrots and
Broccoli

Cauliflower Tikka w/
Basmati Rice, Roast
Marrow & Beans

Penne pasta w/
Napoli sauce ● w/
Herb & Tomato Zucchini

Dessert (optional)

Carrot Cake ●●●

Sticky Toffee Pudding●

Apple Crumble ●●

Tiramisu ●●



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