

WEEK 1

Menu Week: (06/01-10/01, 27/01-31/01, 17/02-21/02)



Monday

Tuesday

Wednesday

Thursday

Student Favorite

**Ranch Chicken Pasta Bake ●●
w/ Roast Zucchini and Broccoli**

**Beef Lasagna ●● w/
Edamame Beans, Corn & Peas**

**Kadhai Chicken ● w/
Basmati Rice & Sautee Vegetables**

**Spaghetti Bolognese ●●
w/ Honey Glazed Carrots & Peas**

Option 2

**Honey Mustard Fish ●
w/ Crispy herb potatoes,
Roast Zucchini and Broccoli**

**Chicken Fricassee ● w/
Brown Rice, Beans, Corn & Peas**

**Braising Steak,
Mushrooms, Gravy ● w/
Creamy Mash & Sautee Vegetables**

**Chicken Nasi Goreng w/
Honey Glazed Carrots & Peas**

Vegetarian Option

**The Green Lasagna ●● w/
Roast Zucchini and Broccoli**

**Spaghetti pasta w/ Napoli
sauce ● w/ Beans, Corn & Peas**

**Vegetarian Korma w/
Basmati Rice,
Sautee Vegetables**

**Fussili Al Forno ●● w/
Honey Glazed Carrots & Peas**

Vegan Option

**BBQ Cauliflower Fritters ● w/
Crispy herb potatoes, Roast
Zucchini and Broccoli**

**Spaghetti pasta w/ Napoli
sauce ● w/ Beans, Corn & Peas**

**Vegetarian Korma w/
Basmati Rice,
Sautee Vegetables**

**Vegetarian Stew w/
Brown Rice, Honey Glazed
Carrots & Peas**

Dessert (optional)

**Vanilla
Cheesecake ●●●**

**French Apple
Cake ●●**

Date Slice ●●

**Lemon Yoghurt
Slice ●●**



We are thrilled to share that as a result of our commitment made during the Sustainable School Food Summit hosted by TASS at COP28, we have introduced low-carbon school meals! Look out for this logo!

Choice of One main course, served with Sides and Vegetables
Add a Dessert for AED 3/- only

Gluten

Dairy

Egg

Soy

Fish

WEEK 2

Menu Week: (13/01-17/01, 03/02-07/02, 24/02-28/02)



Monday

Tuesday

Wednesday

Thursday

Student Favorite

Fish Bites & Tartare Sauce ●●●
w/Baked Potato Wedges,
Sautéed Corn & Green Beans

Butter Chicken ●
w/ Steamed Rice &
Ratatouille

Chicken Pesto Pasta ●●
w/ Garden Greens

Beef Lasagna ●●
w/ Zesty Corn & Carrots

Option 2

Honey garlic chicken bites w/
Fried Rice, Sautéed Corn &
Green Beans

Beef Stroganoff ●
w/ Steamed Rice,
Ratatouille

Vietnamese Crispy Beef
w/ Steamed Rice,
Garden Greens

Creamy Chicken in
Mushroom Sauce ●●
w/ Steamed Rice, Zesty
Corn & Carrots

Vegetarian Option

Quinoa Vegetarian Fried Rice ●
w/ Sautéed Corn & Green
Beans

Paneer Tikka
Enchiladas ●●
w/ Ratatouille

Moroccan Chickpea Tagine
w/ Steamed Rice, Garden
Greens

Veggie chili
Mac N Cheese ●●
w/ Zesty Corn & Carrots

Vegan Option

Quinoa Vegetarian Fried Rice ●
w/ Sautéed Corn & Green
Beans

Aloo Palak
(Potato & Spinach) w/
Steamed Rice & Ratatouille

Moroccan Chickpea Tagine
w/ Steamed Rice, Garden
Greens

Vegetarian Con Carne w/
Steamed Rice &
Zesty Corn & Carrots

Dessert (optional)

Berry Pudding●

Oatmeal Cookies●●

Red Velvet slice ●●

Banana Bread ●●



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Gluten

Dairy

Egg

Soy

Fish

WEEK 3

Menu Week: (20/01-24/01, 10/02-14/02, 03/03-07/03)



Monday

Student Favorite

Chicken Chow Mein,
Hakka Noodles w/
Garden Greens

Option 2

Minced Meat Moussaka w/
Garden Greens

Vegetarian Option

Meatless 'Meatball' Pasta w/
Garden Greens

Vegan Option

Vegetarian Chow Mein,
Hakka Noodles w/
Garden Greens

Dessert (optional)

Carrot Cake

Tuesday

Chicken Biryani w/
Roast Carrots and
Broccoli

Pan Seared Fish w/
Creamy Mash Potatoes,
Roast Carrots and Broccoli

Crispy Gnocchi
Bolognese Bake w/
Roast Carrots and
Broccoli

Vegetable Biryani w/
Roast Carrots and
Broccoli

Sticky Toffee Pudding

Wednesday

Chicken Tikka
Masala w/ Basmati Rice,
Roast Marrow & Beans

Italian Meatballs
w/ Penne pasta ,
Roast Marrow & Beans

Pasta Twists w/
Mozzarella & Basil ,
Roast Marrow & Beans

Cauliflower Tikka w/
Basmati Rice, Roast
Marrow & Beans

Apple Crumble

Thursday

Spaghetti
Bolognese Herb &
Tomato Zucchini

Confetti Chicken Casserole
Roast Potatoes, Herb &
Tomato Zucchini

Cottage Pie w/ Herb &
Tomato Zucchini

Penne pasta w/
Napoli sauce w/
Herb & Tomato Zucchini

Tiramisu



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Choice of One main course, served with Sides and Vegetables

Add a Dessert for AED 3/- only

Gluten



Dairy



Egg



Soy



Fish

